

PARMESAN CHICKEN, SPINACH & MUSHROOM PASTA

Ingredients:

- 1 pound of cubed chicken breast
- 2 tbsp of oil
- Garlic powder
- mushrooms
- 1/4 cup parmesan cheese
- 1 cup raw spinach
- 1 pound whole wheat pasta

Directions:

1. Bring oil to med/high heat, add chicken and sprinkle garlic powder.
2. Add pasta to boiling water.
3. Once chicken is golden brown, add mushrooms & parmesan cheese to simmer for 3 minutes.
4. Add cooked pasta along with 1/4 cup of left over water & simmer 3 more minutes.
5. Toss in spinach & serve.