

# COTTAGE CHEESE PANCAKES

## Ingredients:

- 1/2 cup dry oatmeal
- 1/2 cup non-fat cottage cheese
- 2 eggs
- Fruit, jam or powdered sugar for serving

## Directions:

1. Blend oats, cottage cheese, and eggs in a blender.
2. Add 2 tbsp to a non stick pan on medium heat. About 2-3 minutes per side.
3. Plate with side of your choice

Note: Makes 2 servings